



NEUROSCIENCE IN COACHING AND MENTORING

AN ONLINE CERTIFICATE PROGRAMME

ENQUIRE

info@niblearn.com



Who is it for?

This course is designed for individuals seeking to gain the skills and confidence to coach and mentor others as part of their normal role at the workplace. It's also the ideal starting point for a career in coaching and mentoring.

Target learner profile

- Industrial Psychologists and HR practitioners
- Managers as workplace coaches
- Individuals starting a career in coaching and mentoring
- Individuals starting a coaching practice

Benefits to participants

- Become a certified coach and mentor
- Learn how to develop people with powerful brain-based coaching and mentoring tools
- Understand neuroscience and approach and avoid states
- Confidence to coach effectively
- Tools for succession planning
- Personal development
- The ability to grow both individuals and teams more effectively
- Explore coaching and mentoring models such as A.R.R.O.W and the mentoring relationship model
- Analyse, assess and plan to improve your own coaching and mentoring ability

Benefits to employers

- Create a coaching and mentoring culture within organisations
- Ensure the individuals you develop are properly equipped with the skills, knowledge and ethical understanding they need
- Improve absenteeism
- Increase employee responsibility
- Implement succession planning
- Develop diversity in the workplace

Structure of the programme

- Introduction to basic neuroscience
- Introduction to what coaches and mentors do
- Understanding good practice in workplace coaching and mentoring and the processes of coaching and mentoring
- Understand the qualities and abilities individuals need to be effective in this role

- The environment of business in which coaching and mentoring takes place
- Coaching and Mentoring ethics in business

Delivery methods

- Online training

Certification

- Certificate in Coaching and Mentoring
- Certificate of competence will only be issued to those participants who successfully meet the assessment criteria

NQF alignment

- The programme is presented on the competency level of an NQF 6

CPD points

- 18 SIOPSA accredited CPD points

Duration

- 1 year to complete

Requirements to complete

- Online training
- Assignment and feedback on assignments
- Evidence of coaching and mentoring hours (12 hours each), log and signed by client
- Coach supervision
- Self-study – journals and participant guide
- Preparation and presentation of personal development plan
- Reflective learning logs/diaries

Admission requirements

- Matric certificate
- Tertiary qualification or experience in people management
- Potential candidates should be working for an organisation
- Preferably in a leadership role